

Admit and then Commit to Being an Important and Valuable Member of the Human Race

By Coach Colleen Brady, The True Love Coach

We as a society have not been taught how to find somebody who's really a perfect partner for us. We think that its all about being swept off our feet or physical attraction. Our overall societal success rate is pretty bleak if you look at the divorce rate. Even in countries where divorce is taboo it is on the rise. We are just not choosing well. It is such a huge life changing decision.

Recently a friend told me she got married because she liked the things her soon to be ex-husband did - hiking, travel, etc. After a long and very emotional divorce battle, she realized that she did not marry him but his hobbies.

I hear things like:

- I guess I'm not meant to be in a relationship.
- I guess I'm just screwed up.
- I guess I'm just plain stupid about love.

Well, your not stupid. Your not screwed up. You just have never been taught what being in true love feels like. Now is your opportunity to discover this for yourself and pass it along to your friend, the next generation, maybe even your own parents.

You are about to discover the keys to your relationship kingdom and by golly they are inside of you. So take some time and get to know yourself as you listen to and find true love. Once you have discovered your personal "I know this is it" feeling, don't settle for anything less. Be patient. I define patience as being in the now and not fretting over what you don't have. I define it as being grateful in the moment for being alive.

Make a commitment to yourself as being an important and valuable member of the human race. Write the following words on a piece of paper *I, _____, am an important and valuable member of the human race.* Then sign and date it. Then, keep it close by. You don't have to put it on the wall, and you can if you want. This is for your personal use. I suggest you do not show it to anyone, because it is truly about your inner feelings - not someone else's opinion.

Now, sit back and listen as your heart opens and your mind expands...Let your imagination run wild...let your body experience the lightness and intimacy of being in relationship with your true love.

How much is finding true love worth to your happiness? Coach Colleen Brady has created the ultimate, full-brainer fill-in-the-blank resource for attracting the love of your life. In 4½ minutes per day you can create your irresistible definition of true love™... without doing any additional work! Check out ==> <http://www.TotalTrueLove.com>

*Plus get her free 3-day mini-course on *7 little known keys to the greatest adventure of your life – finding true love**

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