

The Song is Precious!

By Bonnie Barnard

I LOVE what you are doing. The song is precious!! My blessings to you, Bonnie

What a joyful song and mood lifter! A friend gave me the CD and written material from "Total True Love." I have been single for a long while, and am now ready to begin the process of opening up to giving and receiving the joy of a relationship.

As a long time metaphysician I am aware how our energy draws to us that which we are inside. Miraculously on a day when I feel down and low, I can enter into a pity party alone or with angry and sad individuals, should I chose. Just as miraculously, in a moment of peace and joy I can find myself in the midst of really lovely people and moments. The song "And Find True Love" immediately threw me playfully from my head into my heart. I felt transported into possibilities. The energy of the song filled me with the lightness I experienced as a child in the midst of summer. If I were to paint a picture of this song it would have to include a tire swing, a pond, lots of birds and half clothed children running around squealing.

With the CD I received an instruction packet as to how and when to listen to this piece of joy. It was helpful and instructive. I would add "Anytime" to this list. The last relationship I was in was very hard. There was a lot of struggle and the energy between us often felt like quicksand. One day I said to my co-conspirator, "If I didn't know better I'd think you thought relationships were to be hard." He said "of course they are. And listed off examples that matched his belief." He was unwilling to change his belief, and I moved on. I knew then my next relationship would be like mangos and rainbows; not quicksand. This song has inspired me to feel the lightness of being I knew as a child and to do so in association with intimate relationships. How precious, and what a gift.

Bonnie Barnard is the founder of the National Forgiveness Tour. As an independent new thought minister, Reverend Bonnie teaches spiritual practices and believes the most powerful and basic of all practice is forgiveness. Learn more at Worshiponline.org. [Read more](#) about Bonnie and her true love.

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